

ESPAD

European School Survey Project on Alcohol and other Drugs



European Monitoring Centre
for Drugs and Drug Addiction

Study waves in Ukraine: 1995, 1999, 2003, 2007, 2011, 2015, 2019, 2023

Partners of the study:

United Nations Children's Fund (UNICEF)

European Monitoring Center for Drugs and Drug Addiction (EMCDDA)

Ministry of Education and Science of Ukraine

Ministry for Youth and Sports of Ukraine

Regions of the study: 24 oblasts and the city of Kyiv.

National Sample size enables analysis by age, gender, type of settlement, region, type of family material status etc.

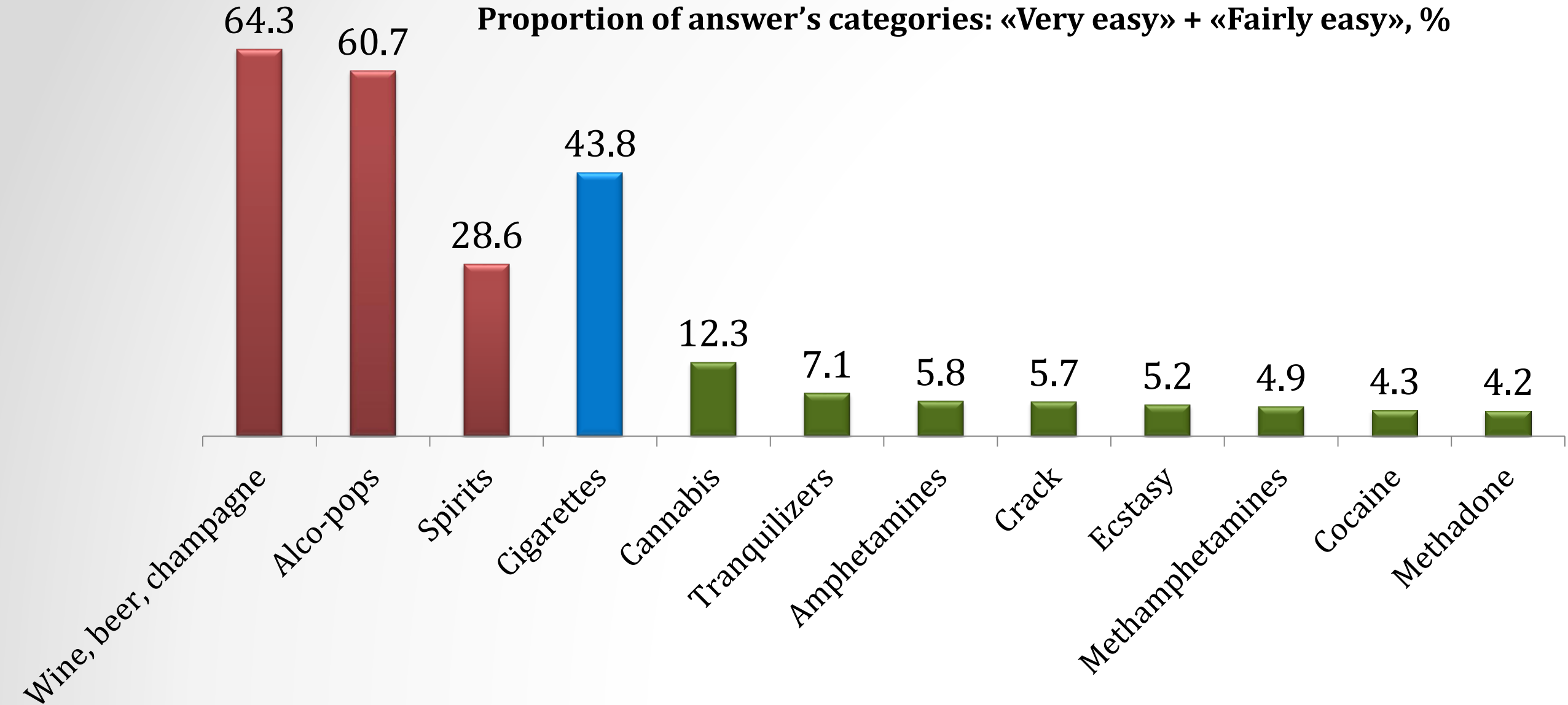
... **BUT** – does not allow analysis by oblast and educational institution

METHODOLOGY – self-administrated questionnaire in formal classrooms + Individual envelope

Ukraine, 2019:
8509 respondents
aged 14-17 years;
260 schools.

Assessment of psychoactive substances' availability

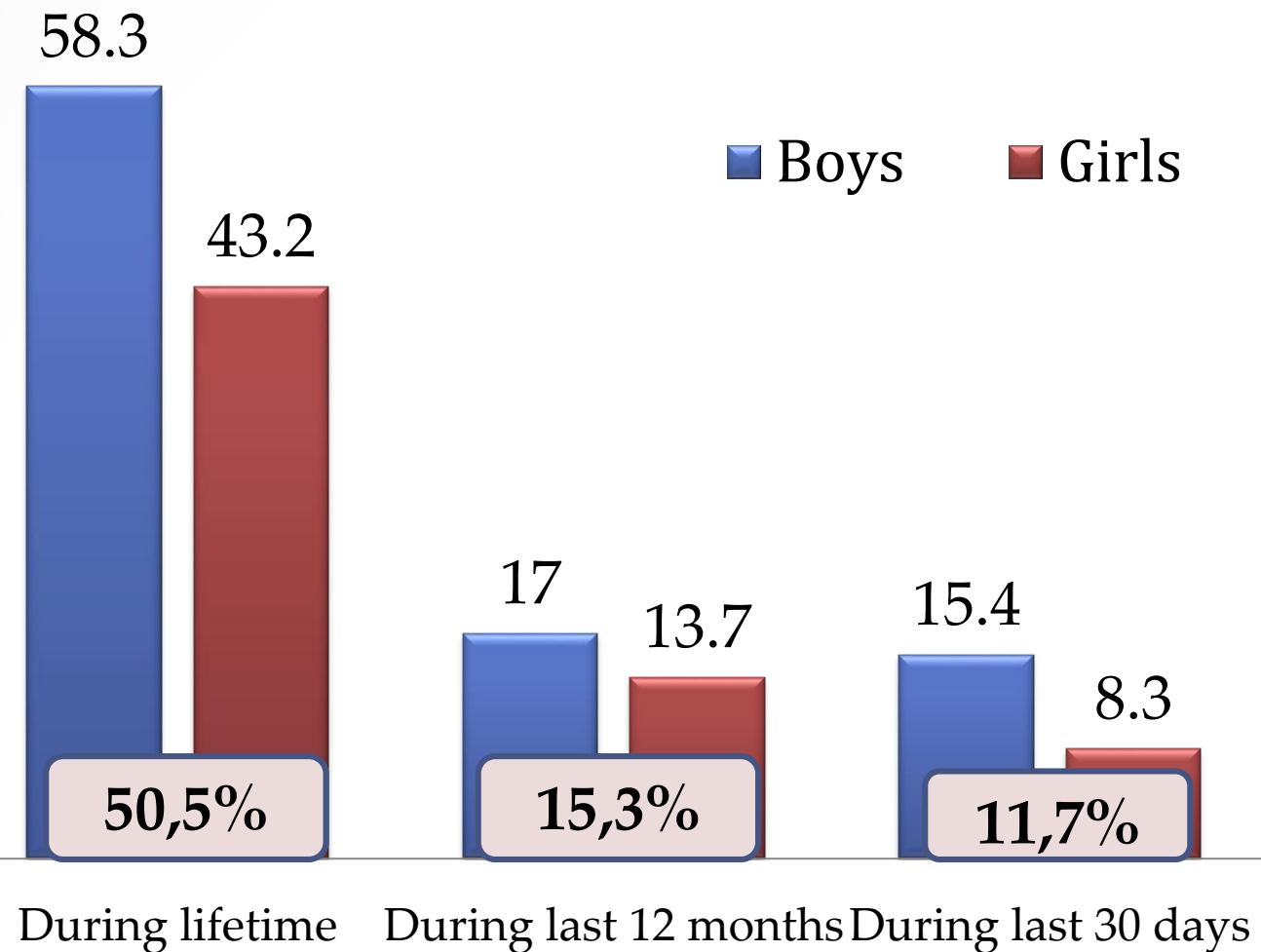
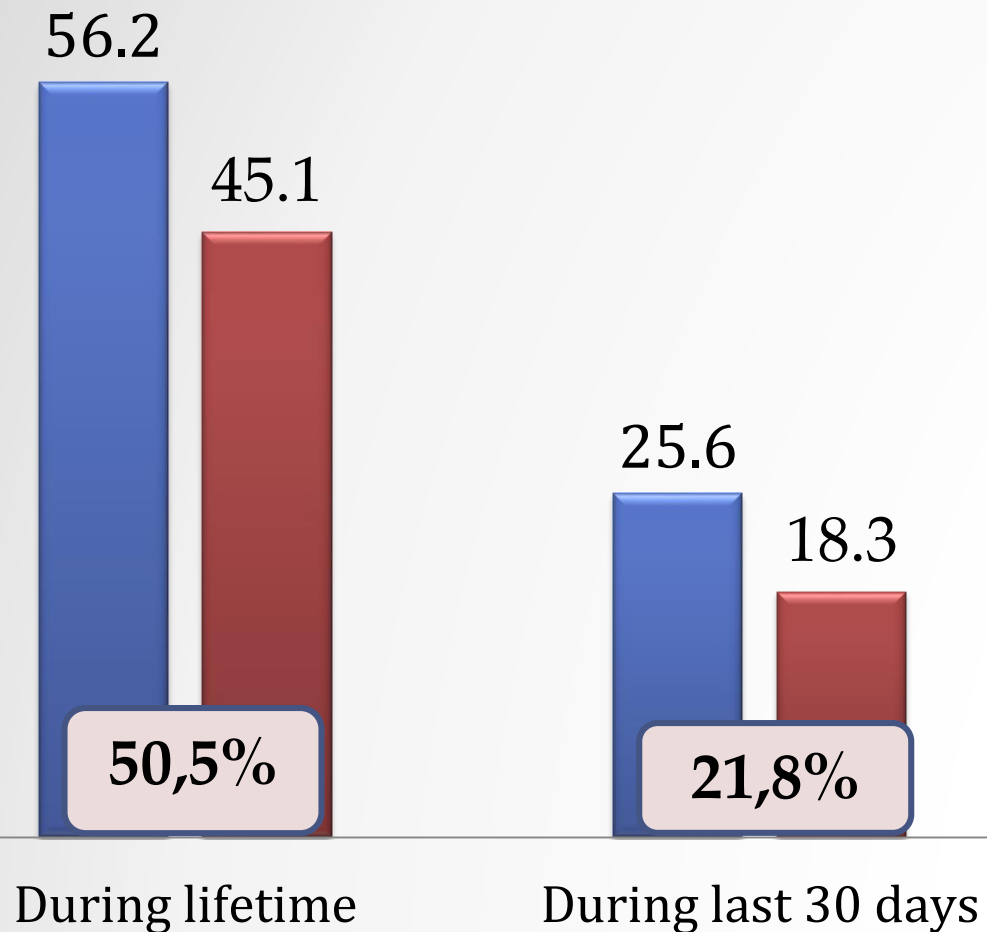
Proportion of answer's categories: «Very easy» + «Fairly easy», %



Smoking experience

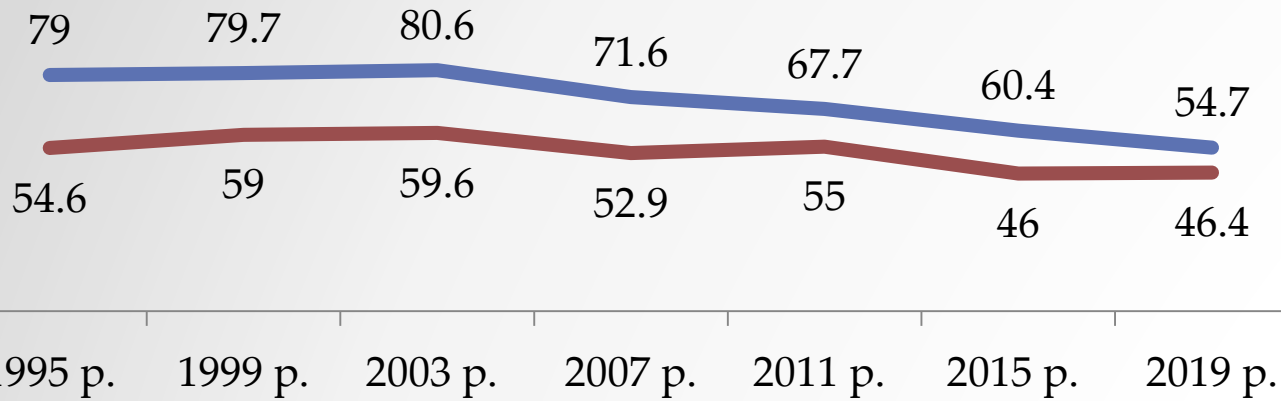
Cigarettes (except e-cigarettes)

E-cigarettes

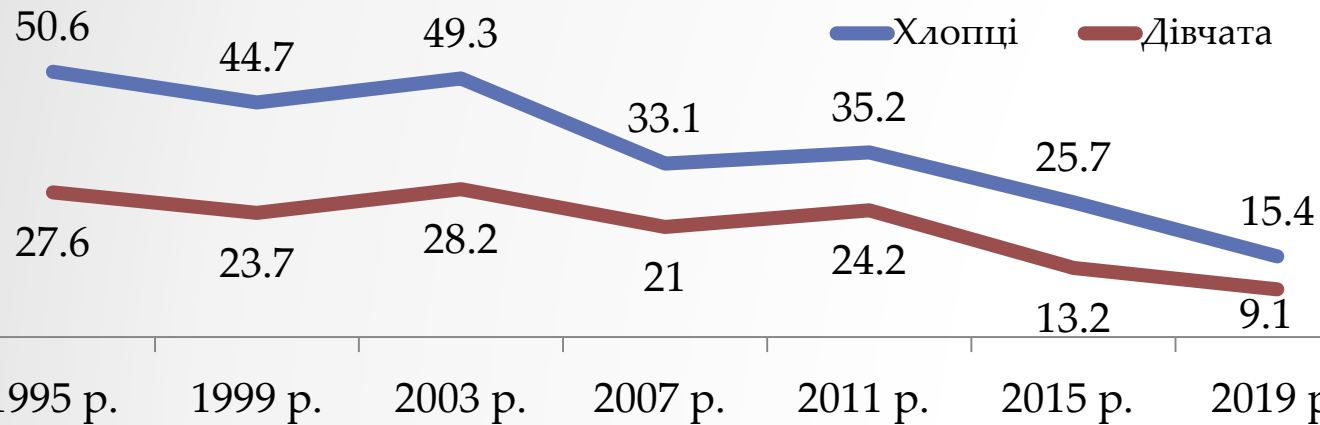


Smoking experience among 15-16 year olds

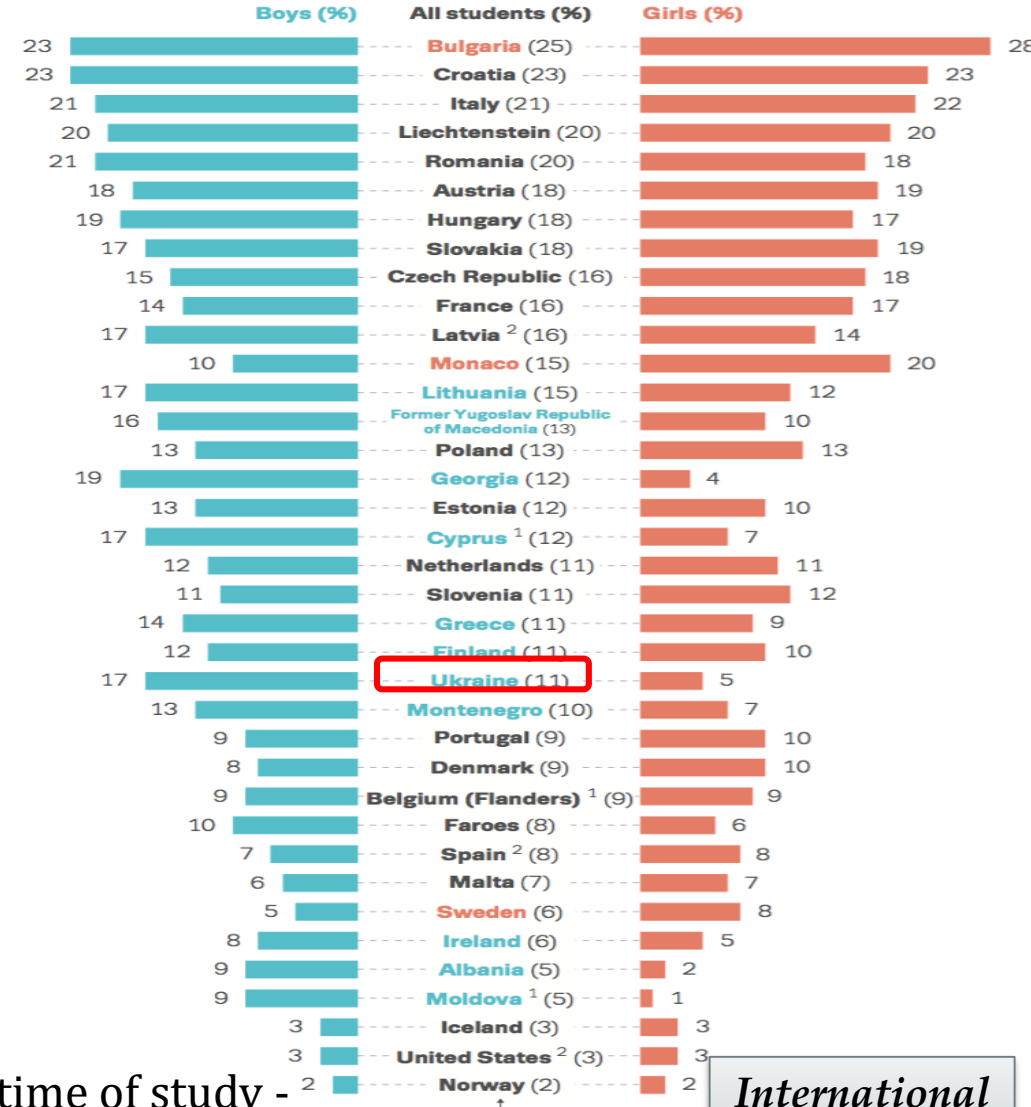
Experience of smoking cigarettes at least once in lifetime), %, trends, by gender



Smoked cigarettes (at least once) during last 30 days, %, trends, by gender



Adolescents who smoke cigarettes every day during the last 30 days, %



Colour indicates significant difference between boys and girls (not tested for Spain and United States).

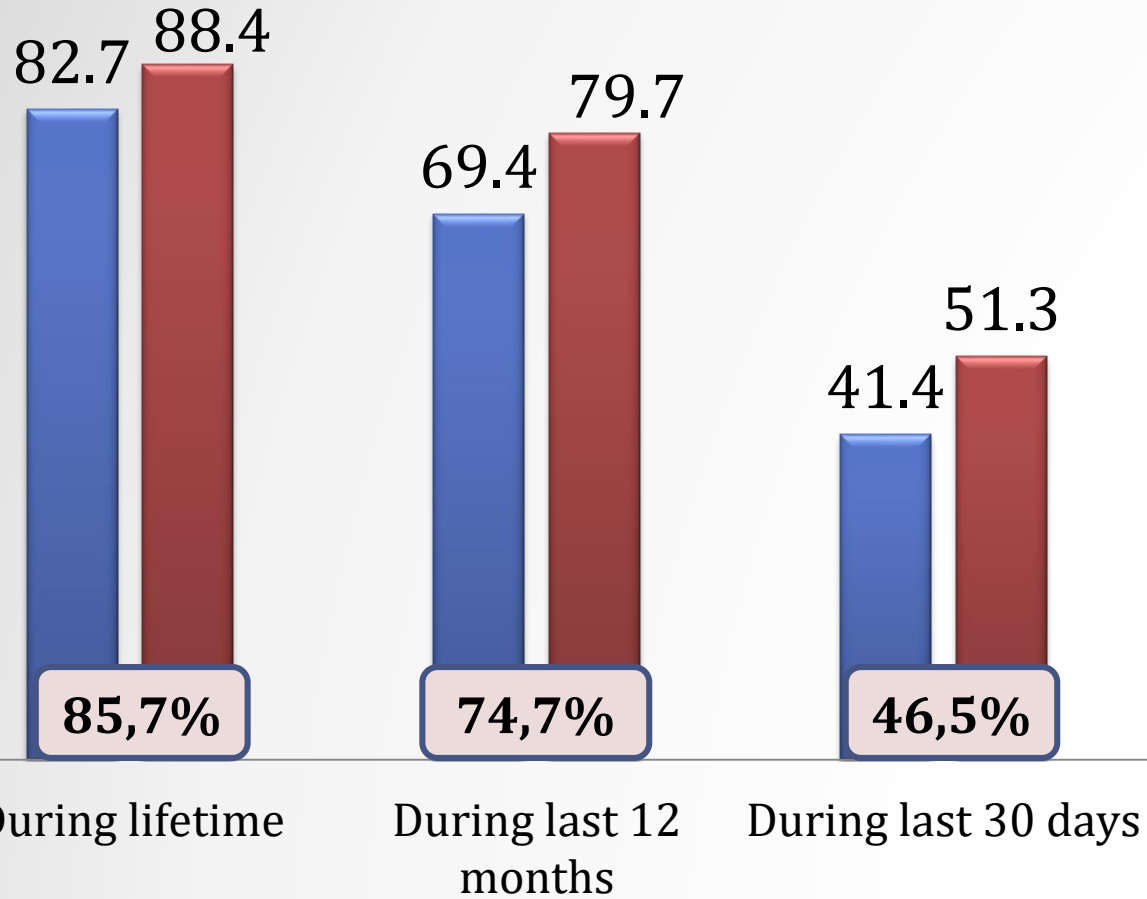
International data – 2015 p.

* ESPAD target group – cohort of students who turned 15-16 year at the time of study - to provide trends analysis.

Alcohol

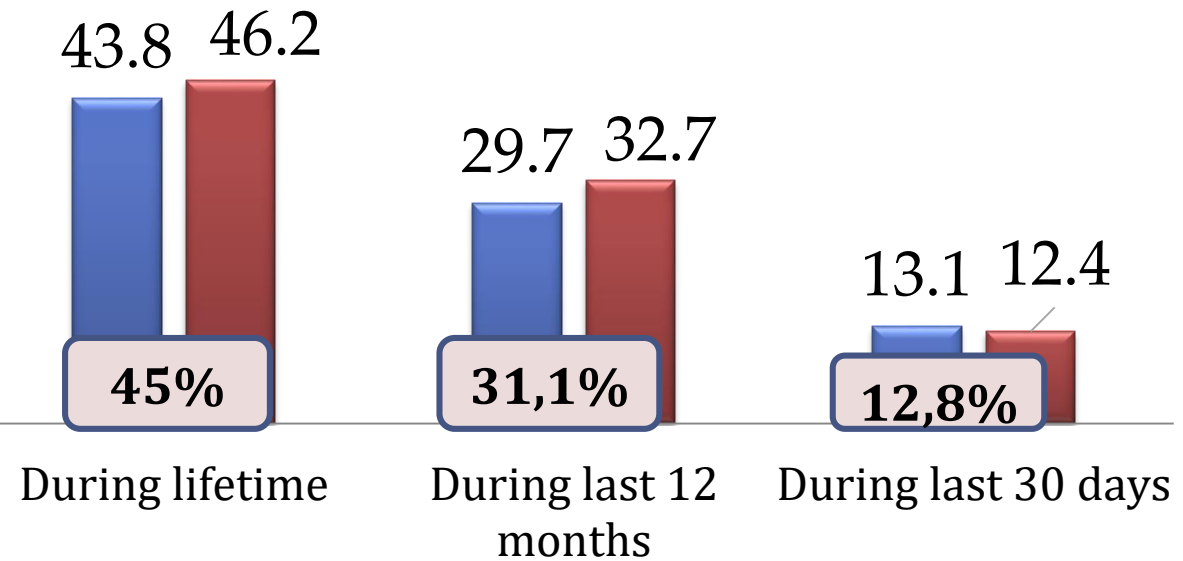
Alcohol consumption

■ Boys ■ Girls



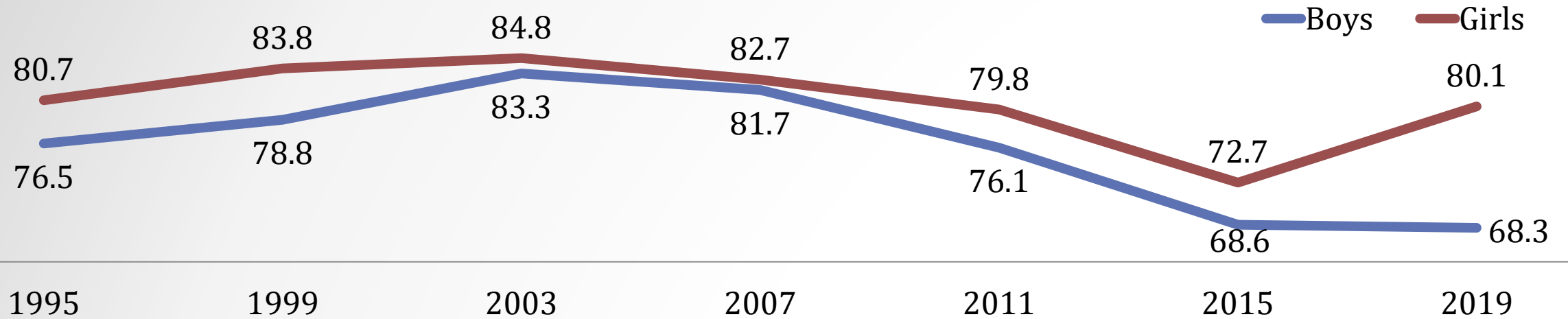
Every fifth (22,5%) adolescent consumed alcohol for more than three days during the last 30 days.

Intoxication

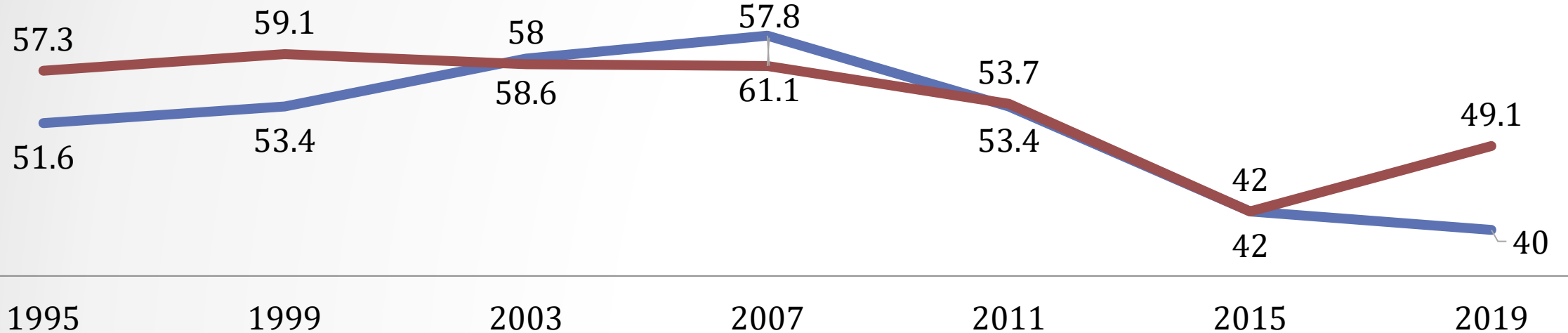


Alcohol use among 15-16 year olds*

Trends of alcohol use at least once in the last 12 months, %



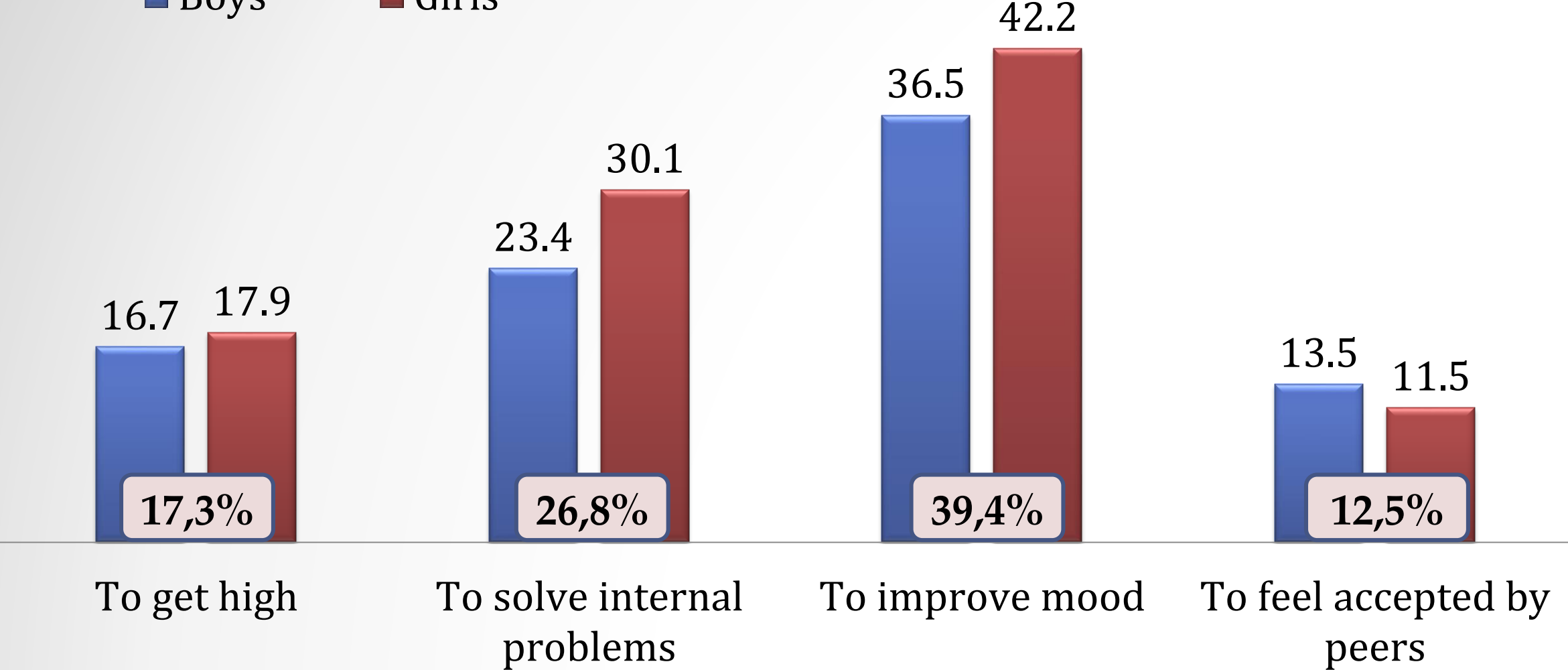
Trends of alcohol use at least once in the last 30 days, %



* ESPAD target group – cohort of students who turned 15-16 year at the time of study - to provide trends analysis.

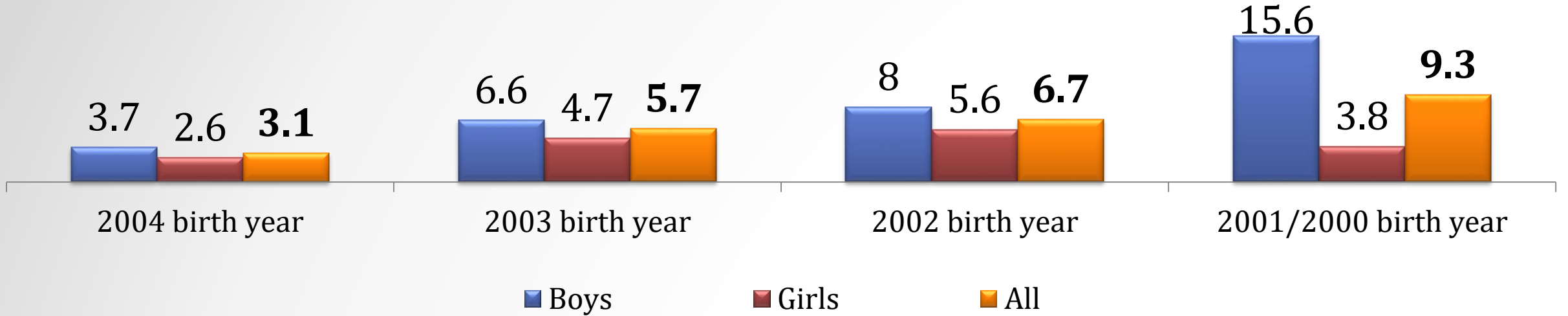
Reasons for alcohol consumption for the last 12 months

■ Boys ■ Girls

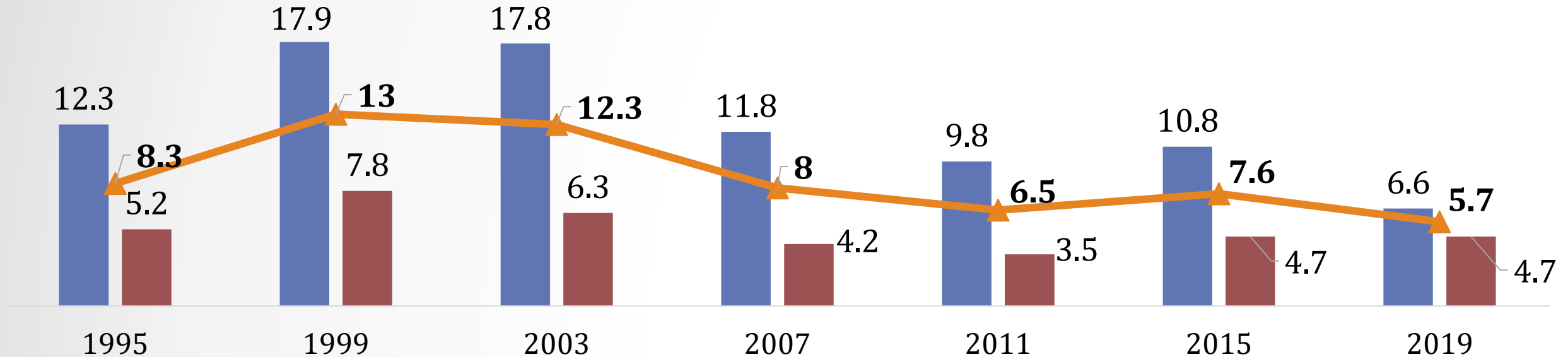


Cannabis

The use of cannabis during the last 12 months, % by age and gender



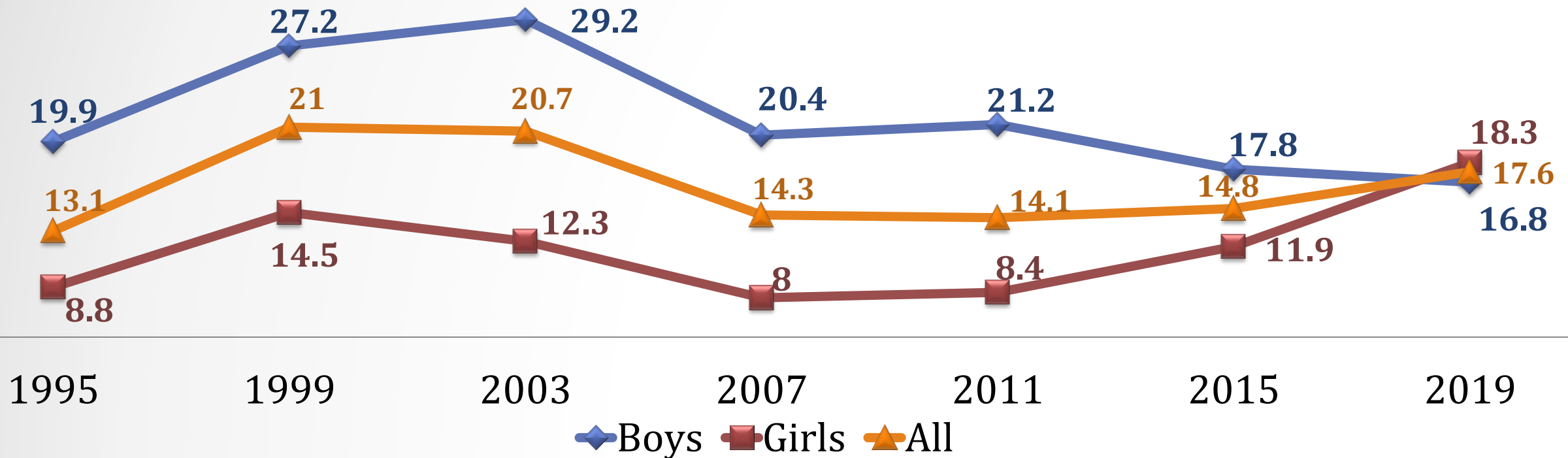
Trends of cannabis use among 15-16 year olds during the last 12 months, %



Any drug use during lifetime

18% of adolescents reported that have used **any drugs** at least once in their lifetime
among boys - 17,9%, among girls- 18,1%.

Trends of the any drug use among adolescents of 15-16 years of age during lifetime, % by gender



Polydrug use

Trends of the particular substance use and polydrug use among 15-16 year olds, %

	Among all			
	2007	2011	2015	2019
Smoking	11,7	8,7	6,6	6,1
Alcohol	8,2	7,9	3,9	5,1
Tranquilizers	4,1	2,2	1,7	2,1
Cannabis	2,5	3,0	2,5	2,7
Other drugs, except cannabis	4,1	4,1	3,8	2,8
2+ substances	5,8	5,5	4,4	4,0
<i>including:</i>				
3+ substances	1,8	1,9	1,1	1,8

Smoking: at least 5 cigarettes during the last 30 days

Alcohol: 10 and more times during the last 30 days

Tranquilizers: any use during lifetime without doctor's prescription

Cannabis: any use during the last 30 days

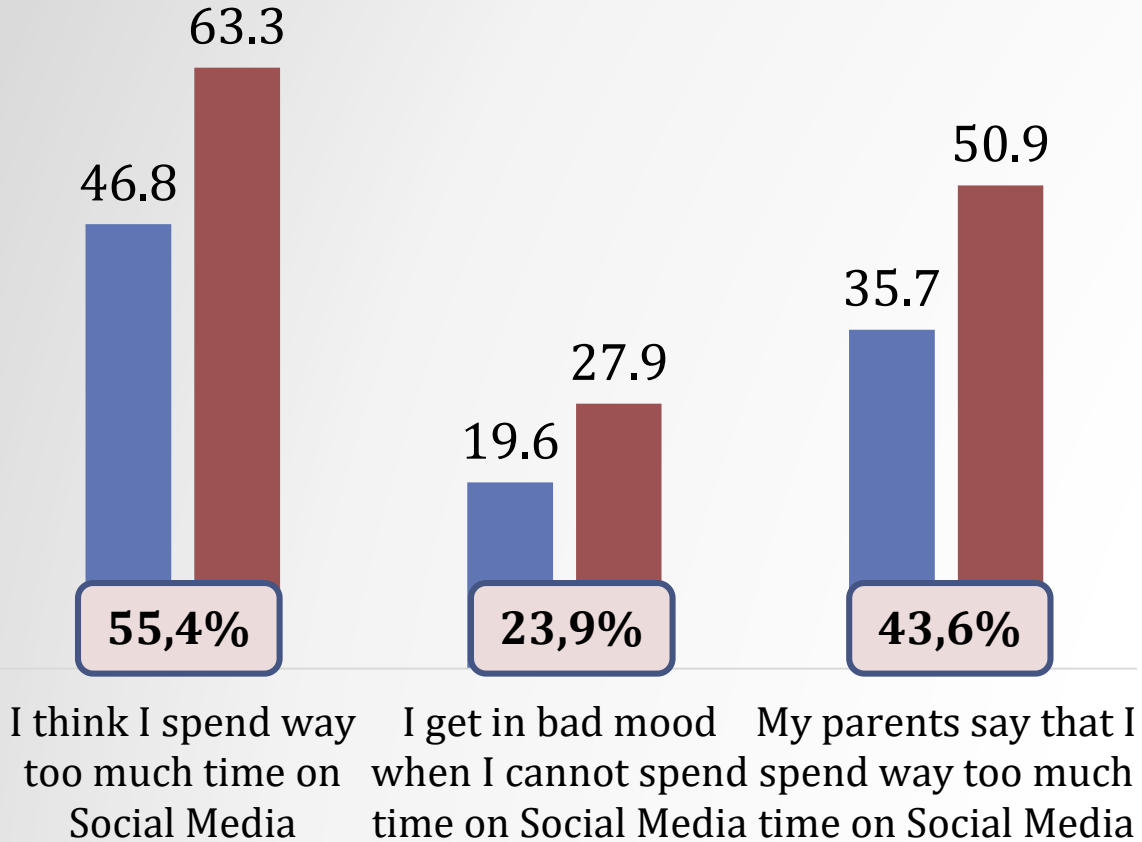
Any drugs, but cannabis: any use during lifetime

Behavioural practices

- **14%** adolescents who consumed 2+ substances reported that they had been gambling at least 2-3 times per week for the past 12 months.
- The proportion of students who reported experiencing bullying was **over two-times** as great among those who also reported polysubstance use versus those who did not (21.2% versus 9.5%, respectively).
- Students who identified as aggressors of bullying were **3,7 times** more likely to report polysubstance use compared to participants who did not identify as aggressors (17.4% versus 4.7%, respectively).

Online addictions

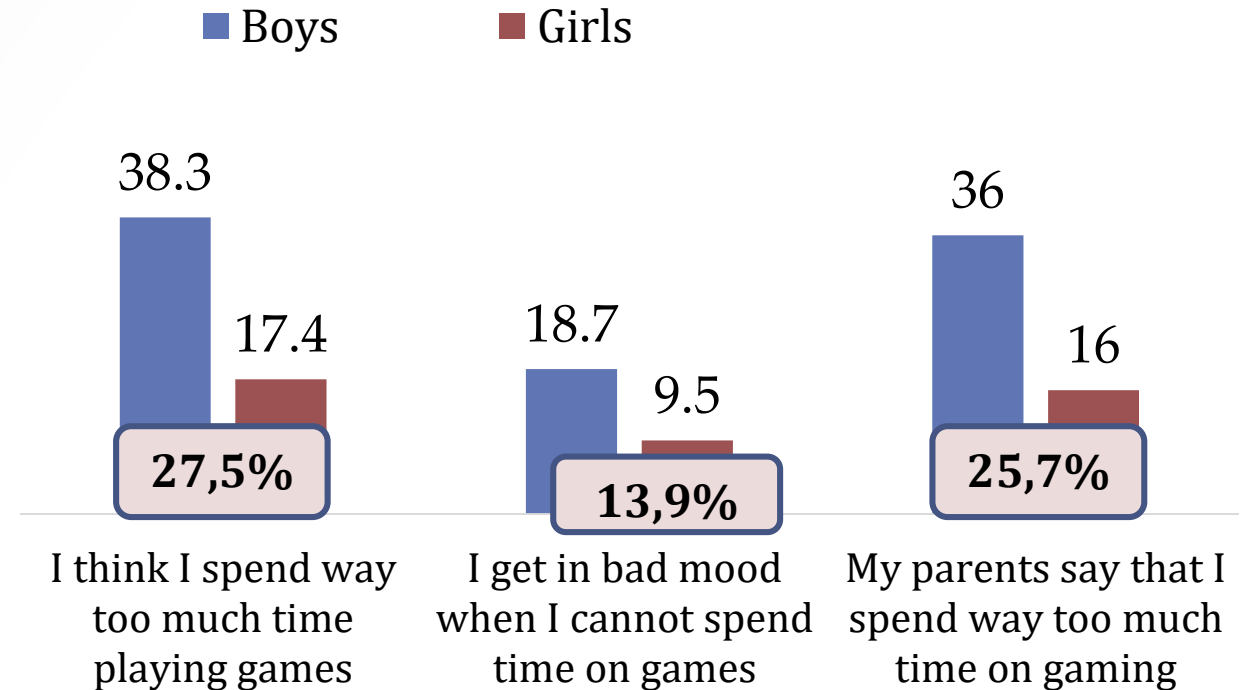
**Self-assessment of social media addictions,
% by gender**
(answers «Strongly agree» and «Partly agree»)



Weekdays:

44.7% of students spend at least 4 hours per days on social media.

**Self-assessment of gaming addictions,
% by gender**
(answers «Strongly agree» and «Partly agree»)

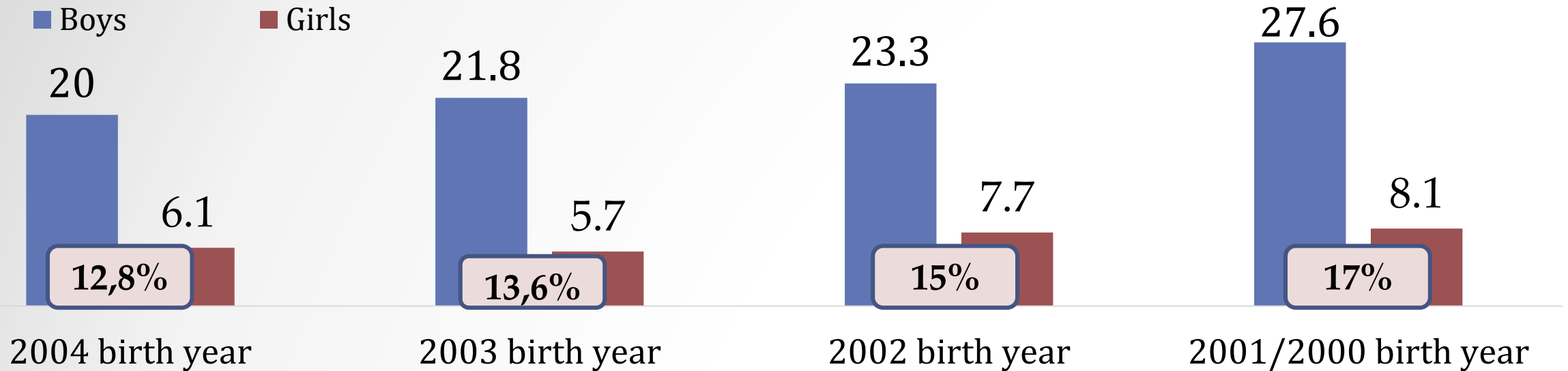


Weekends:

54,9% - use at least 4 hours per day on social media

Gambling

Adolescents who gambled at least once during the last 12 months, % by age and gender

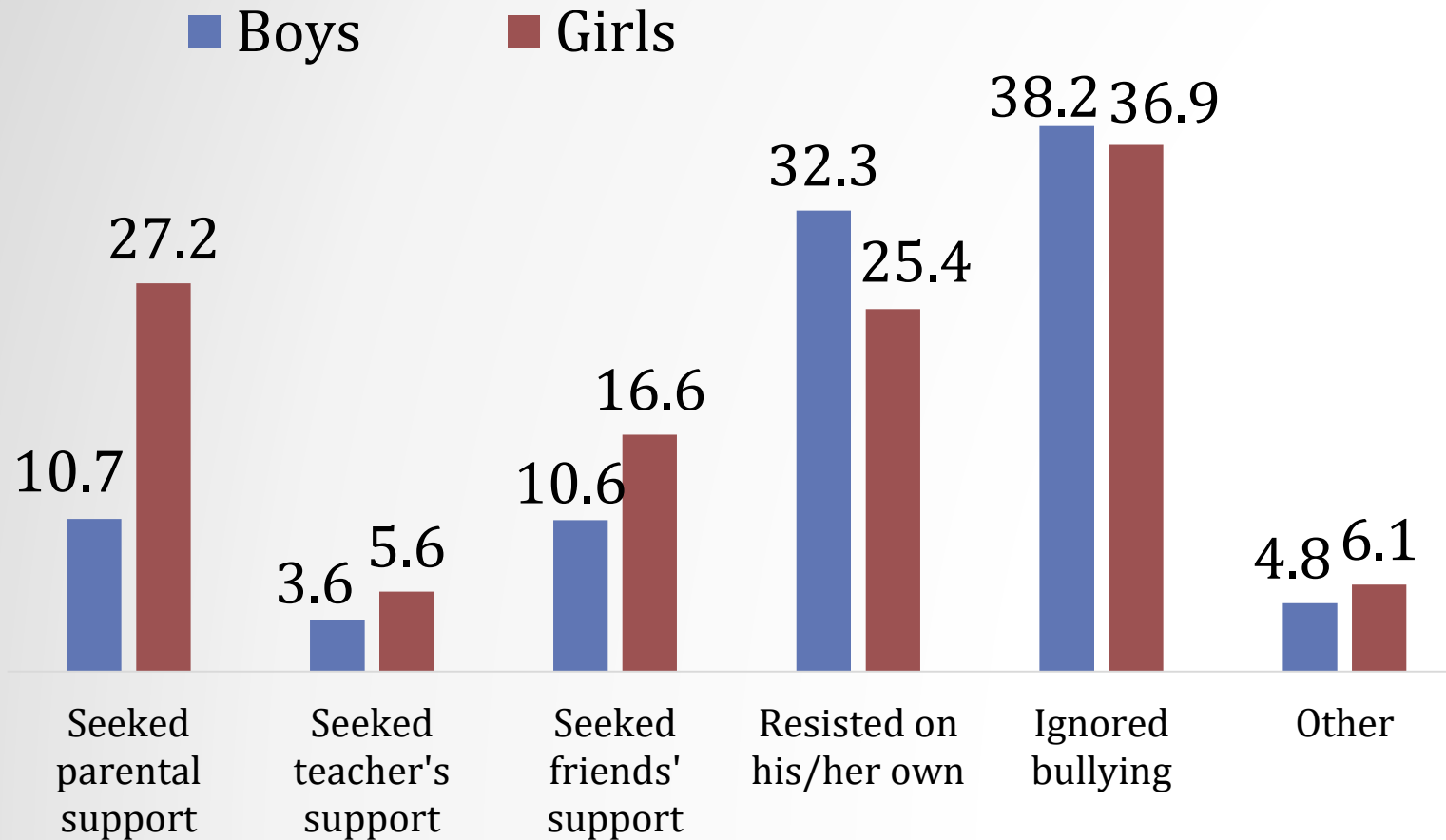


Problematic gambling, % by age and gender

	Among all		
	Boys	Girls	All
No risk of problematic use	89,2	97,1	93,3
Gambling addiction	10,8	2,9	6,7
Among them – Problematic Gambling Addiction	2,6	0,5	1,5

Bullying in schools

Actions taken by the self-identified “victims” of bullying, *by gender, %*

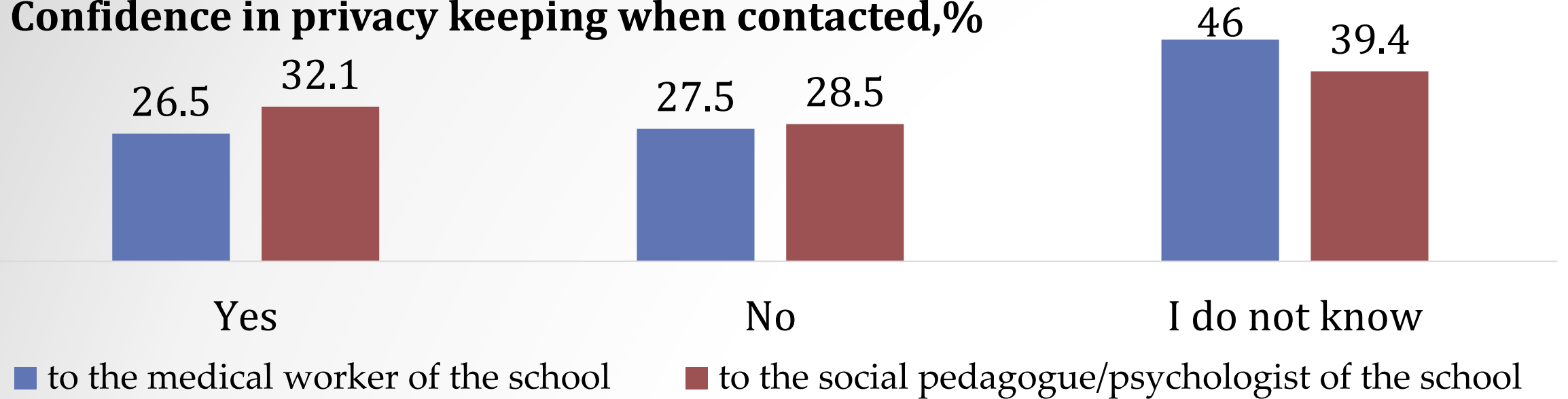


During last 2-3 months:

- One-tenth (**10.2%**) of students self-identified as *victims* of bullying
- **5.7%** of all participants admitted to participating in *bullying others*.
- One-in-four (**25.8%**) students said that they had *observed bullying* but were not personally involved in the incident(s).

Medical and social services

Confidence in privacy keeping when contacted,%



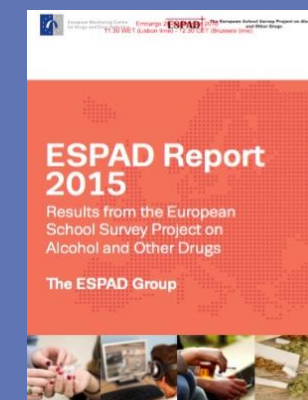
Answers to the question

« Have you chosen your family doctor?», *by gender, %*

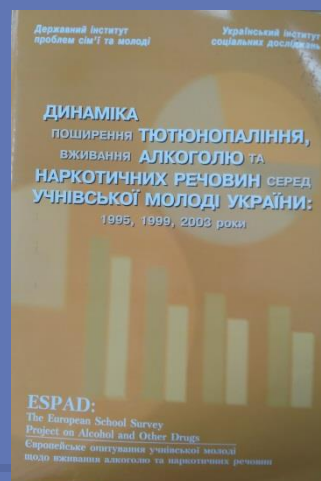
	Boys	Girls	All
Yes, I have chosen the doctor by myself and signed the declaration (small number have not signed the declaration yet)	20,8	20,5	20,7
Yes, the doctor has been chosen by parents and signed the declaration (small number have not signed the declaration yet)	43,2	57,4	50,5
No, the doctor has not been chosen	5,7	6,2	5,9
I do not know	30,3	15,9	22,9

ESPAD publications

International ESPAD reports: www.espad.org



National ESPAD reports: www.uisr.org.ua/espada



Additional information can be obtained at:

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